

Maslow's Hierarchy: "Career" Actualization

- *Am I manifesting the career I want?*
- *Obligation versus creative expression: How do I find a job that inspires me?*
- *Short term versus long term career objectives and life's timing.*
- *How do I create a job that is aligned with my desires?*
- *Best practices for a job search.*



[Melinda Delmonico, President & CEO, Gibson Arnold & Associates](#)

Melinda Delmonico is the President and CEO of one of the nation's most respected legal recruiting agencies, Gibson Arnold & Associates. Melinda has over 25 years of experience building relationships with clients and candidates and has earned her company's impeccable reputation for efficacy and integrity. Gibson Arnold & Associates' significant industry experience and unique expertise in the national legal community is a tribute to Melinda's leadership and commitment.



[Jamie Shapiro, Founder & CEO of Connected EC](#)

Jamie Shapiro is a leading authority on connecting wellness with performance. Having experienced burnout in the corporate world, she understands the incredible pressure we face in our lives and the difficulty in staying connected to professional and personal goals in demanding environments. Through her corporate career, she realized the toll that high pressure, stressful and demanding roles can take. She left the corporate world with a mission to make changes for people and organizations.

Jamie's vision is to bring a new form of holistic coaching to people in the business world. Her company, Connected EC, helps people develop a keen awareness of how both their health and mindset have an effect on their capacity to reliably tap into their capabilities. Jamie has brought executive coaching and wellness together to give people a new approach to leadership, health and outstanding personal, professional and organizational performance.

Jamie has been coaching and developing high performing teams since 1998 in executive roles within large-scale corporate companies and now externally. She is helping executives and teams within leading companies and organizations, including GE, Comcast, and Daniels School of Business. Jamie has an MBA and a Masters in Information Technology and is certified as both an executive coach and a nutritionist.



[Teri Farnsworth, Vice President, Human Resources, RES Group](#)

Teri Farnsworth is the Vice President, Human Resources for the RES Americas business. With over 20 years of experience in the field of Human Resources, she has worked for organizations such as W.W. Grainger, Inc. and Baxter Healthcare Corporation to help hone her professional skills. Teri's passion for talent management and her work in the field of Human Resources allows her to focus on the growth and development of talent for the future. Although Human Resources has been her focus, the accomplishment she is most proud of is due to the strength of the relationships and knowledge of the business.

Teri has a Bachelor of Science in Business Management from Northern Illinois University and attended Keller Graduate School of Management to obtain a Masters of Human Resources and Masters of Business Administration. Beyond work, Teri focuses her time on family and community service. She and her family are actively involved with local events and dedicated to Big Dogs Huge Paws because "Every BIG dog deserves a chance".



[Elaina McMillan – Moderator](#)

[Director of Talent Services & DLA program, Gibson Arnold & Associates](#)

Elaina McMillan has been serving as Director of Talent Acquisition for Gibson Arnold & Associates since 2017, where she also leads the charge on the Distinguished Legal Advisor division. Elaina brings a unique lens to recruiting with her 20 years of experience as a matchmaker (similar but different).

Additionally, she is a hypnotherapist, belief coach, and speaker for corporations and universities. Elaina also had a 5-year stint on-air as the host of Naked Talk Radio and has been featured on Dateline, MSNBC, and PBS.